# CE Session Evaluation Form

**Please print your name here:**

*The Council on Social Work Education, provider #1163, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) Program (https://www.aswb.org/ace). The Council on Social Work Education maintains responsibility for the program. ASWB Approval Period: 1/23/2018 - 1/23/2021. Social workers should contact their regulatory board to determine course approval for continuing education credits. You are required to submit this completed evaluation form to obtain CE credit for this session.*

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| **Track: Group Work (Interactive Workshop)** | |
| **Session # 545** | **Group Work with Adolescents: Incorporating Mindfulness and Meditation Activities for Vulnerable Youth**  Betsy Wisner, Our Lady of the Lake University |

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| --- | --- | --- |
| **Date:**  Saturday, November 10, 2018 | **Time:**  1:45 PM | **Room:**  Oceanic 7, Lobby/Third Floor (Dolphin, Walt Disney World Resort) |

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| --- | --- | --- | --- | --- | --- |
| **Part 1: Learning Objectives Please evaluate whether objectives were met. After this session, participants will be able to:** | | | | | |
| **\*\*\*Rating Scale: 1 poor/strongly disagree -- 4 excellent/strongly agree\*\*\*** | **1** | **2** | **3** | **4** | **N/A** |
| Workshop participants will understand how to differentiate between different types of mindfulness and meditation activities helpful for group work with vulnerable youth. |  |  |  |  |  |
| Workshop participants will be able to incorporate theoretical models and qualitative and quantitative research about mindfulness and meditation activities into group work with vulnerable youth. |  |  |  |  |  |
| Workshop participants will be able to incorporate experiential mindfulness and meditation activities in educational and therapeutic settings. |  |  |  |  |  |
| **Part 2: Session Content** | | | | | |
| **\*\*\*Rating Scale: 1 poor/strongly disagree -- 4 excellent/strongly agree\*\*\*** | **1** | **2** | **3** | **4** | **N/A** |
| 1. The session content was appropriate to my education, experience and/or licensure level. |  |  |  |  |  |
| 2. The session content was relevant to my practice. |  |  |  |  |  |
| 3. The session content was current. |  |  |  |  |  |
| 4. The session content was presented effectively. |  |  |  |  |  |
| 5. Handouts and/or teaching aids (if they were available) enhanced the session content. |  |  |  |  |  |
| **Part 3: Presenters** | | | | | |
| **\*\*\*Rating Scale: 1 poor/strongly disagree -- 4 excellent/strongly agree\*\*\*** | **1** | **2** | **3** | **4** | **N/A** |
| 1. The presenter/s were knowledgeable about the session content. |  |  |  |  |  |
| 2. The presenter/s' presentation was clear and effective. |  |  |  |  |  |
| 3. The presenter/s were responsive to participants. |  |  |  |  |  |
| 4. The presenter/s used technology effectively (if applicable). |  |  |  |  |  |
| **Part 4: CE Administration** | | | | | |
| **\*\*\*Rating Scale: 1 poor/strongly disagree -- 4 excellent/strongly agree\*\*\*** | **1** | **2** | **3** | **4** | **N/A** |
| 1. Questions or concerns were addressed effectively and in a timely manner. |  |  |  |  |  |
| 2. The location was suitable to the presentation. |  |  |  |  |  |
| 3. The facilities were conducive to learning. |  |  |  |  |  |
| 4. The instructions for requesting accommodations for a disability were clear. |  |  |  |  |  |

**Signature:**

*Please submit any additional comments on the reverse side of this form.*