Online training for substance use screening,
brief intervention and referral to treatment

INTERACTIVE SBIRT TRAINING is an online training platform that uses advanced video gaming and artificial intelligence technologies to teach screening, brief intervention and referral to treatment (SBIRT) skills through engaging simulated interactions. Presenting relevant situations that reflects real world circumstances health professionals frequently encounter as behavioral health clinicians, health educators, nurses, physicians, dentists and pharmacists, learners are challenged to practice SBIRT skills using their own words in a variety of simulated interactions.

Developed in collaboration with leading SBIRT experts and trainers from SBIRT Colorado, Peer Assistance Services, Inc., MedRespond, University of Pittsburgh and the BIG Initiative at NORC at the University of Chicago, the training
• engages every learner with an entertaining video-based format and interactive challenges for each core skill
• provides continuous feedback as learners develop SBIRT skills
• is available online 24/7
• tracks progress and resumes where the learner pauses so training can be completed in one session or over several visits

The two-hour training and SBIRT skills practice is presented by two professionals who discuss skills and demonstrate techniques with clinical vignettes. The modules include instruction on

• screening
• raising the subject of substance use risk
• providing feedback
• using open-ended questions, affirmations and reflective listening

• identifying importance and confidence statements
• assessing readiness to change
• negotiating and advising a plan for change
• referring to treatment

After mastering the core skills, learners are challenged to provide a full simulated brief intervention. As each phase of the online training is completed, each activity is scored, with final results provided upon completion.

FOR MORE INFORMATION

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