

## Mental Health Resource Review – Chapter 5

Table 1. Global Deterioration Scale.

Stage 1	Normal; no memory complaints and no evident cognitive impairment.
Stage 2	Very mild; memory problem reported, but not evident in clinical interview.
Stage 3	Mild impairment in memory, concentration, and occupational performance.
Stage 4	Moderate impairment in memory, knowledge retrieval, and complex tasks.
Stage 5	Moderate to severe impairment in both recent and remote memory, frequent disorientation to time and place, and impairment in activities of daily living that indicates need for caregiver assistance.
Stage 6	Severe impairment with inability to tend to activities of daily living without assistance.
Stage 7	Very severe impairment in cognition, language, and motor skills, progressing to a less functional, vegetative state.

Agronin, 2008; Reisberg et al., 1982.

Table 2. Links to Assessment Instruments.

Instrument	Web Link	Source
CSDD	<a href="http://www.michigan.gov/documents/mdch/bhs_CPG_Depression_Appendix_2_206523_7.pdf">http://www.michigan.gov/documents/mdch/bhs_CPG_Depression_Appendix_2_206523_7.pdf</a>	Alexopoulos et al., 1988
GDS	<a href="http://www.stanford.edu/%7Eeyesavage/GDS.html">http://www.stanford.edu/%7Eeyesavage/GDS.html</a>  (Available in several versions, including the short version, and several languages.)	Sheik & Yesavage, 1986
Mini-Cog	<a href="http://www.hartforddign.org/publications/trythis/issue03.pdf">http://www.hartforddign.org/publications/trythis/issue03.pdf</a>	Borson et al., 2000
MMSE	<a href="http://www.chcr.brown.edu/MMSE.PDF">http://www.chcr.brown.edu/MMSE.PDF</a>	Folstein et al., 1975

CSDD: Cornell Scale for Depression in Dementia; GDS: Short Geriatric Depression Scale; MMSE: Mini-Mental State Examination