

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



Addressing the Social Determinants of Health in a New Era: The Role of Social Work Education A White House Briefing September 25, 2013





PANEL 3: A NATIONAL DIALOGUE ON MENTAL HEALTH

Paolo del Vecchio, MSW, Director, Center for Mental Health Services, Substance Abuse and Mental Health Services, U.S. Department of Health and Human Services (SAMHSA)

Brian Altman, JD, Legislative Director, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (SAMHSA)



Now is the Time – Administrative Actions

- Clarify that no federal law prevents health care providers from warning law enforcement authorities about threats of violence
- Protect the rights of health care providers to talk to their patients about gun safety
- Finalize requirements for private health insurance plans to cover mental health services
- Make sure millions of Americans covered by Medicaid get quality mental health coverage

SAMHSA Action on Workforce Issues

Behavioral Health Workforce Initiatives

- SAMHSA provided a Report to Congress in March on mental health and substance abuse workforce issues (<http://store.samhsa.gov/product/PEP13-RTC-BHWORK>)
- SAMHSA and HRSA hosted a discussion with behavioral health stakeholders on September 9, to talk about next steps in addressing behavioral health workforce issues.
- SAMHSA is convening a two-day workforce meeting on September 26th and 27th addressing peers/paraprofessionals and the evolving behavioral health workforce.

Now is the Time – Funding for Grants

The FY 2014 President's Budget Request includes \$130 million for SAMHSA programs to support the Administration's response to the Sandy Hook tragedy. This includes:

- \$55 million for Project AWARE to improve mental health awareness, increase referrals to behavioral health services and support systems, including \$40 million for Project AWARE State Grants and \$15 million for Mental Health First Aid.
- \$25 million for Healthy Transitions to support youth ages 16 to 25 with mental health and substance abuse problems and their families.
- \$50 million for Behavioral Health Workforce activities:
 - \$35 million for a jointly administered activity with HRSA to expand the Mental and Behavioral Health Education and Training (MBHET) Grant Program
 - \$10 million for SAMHSA's Peer Professionals Workforce Development training program
 - \$5 million for a new Minority Fellowship Program focusing on Youth (MFP-Y)

FY14 Appropriations

- On July 11th, the Senate Appropriations Committee passed the FY14 LHHS Appropriations bill. So far, the bill has not been brought to the Senate floor for action.
- The Senate Appropriations Committee passed bill included \$95 of the \$130 million requested for the *Now is the Time* initiative.

FY 14 Senate Appropriations Bill

Now is the Time	FY14 President's Budget	Senate Appropriations Committee FY14 Mark
Project AWARE State Grants	\$40M	\$40M
Mental Health First Aid	\$15M	\$15M
Healthy Transitions	\$25M	\$0
<i>Workforce</i>		
MHBET w/HRSA	\$35M	\$35M
Peer Professional Workforce Development	\$10M	\$0
MFP-Y	\$5M	\$5M
TOTAL	\$130M	\$95M

FY 14 Appropriations (cont'd)

- The House LHHS Appropriations Subcommittee scheduled a markup of the FY14 bill for late July, but cancelled the markup the day before it was scheduled and no new date has been scheduled.
- It is extremely unlikely that a LHHS bill will move forward in the House or Senate, and SAMHSA will likely continue to operate under a Continuing Resolution for FY14. In the short term, Congress is expected a short-term CR from Oct. 1 – Dec. 15.
- The House passed a CR on Sept. 23rd, but has controversial policy rider defunding ACA.
- Senate is expected to take up the CR this week.

2014 Congressional Hearings and Forum Focused on Mental Health

Congress held 3 hearings and one community forum focusing mental health at which SAMHSA testified:

- January 24th Senate HELP Committee: “Assessing the State of America’s Mental Health System”
- March 20th House LHHS Appropriations Subcommittee: “Oversight Hearing FY 2014: Children’s Mental Health”
- May 22nd Energy and Commerce Subcommittee on Oversight and Investigations: “Examining SAMHSA’s Role in Delivering Services to the Severely Mentally Ill”
- July 15th Energy and Commerce Committee Ranking Member Waxman (D-CA): “Gun Violence, Mental Health, and Community Recovery: Responses to the June 7, 2013, Santa Monica Shootings”

Legislation Introduced

- **Mental Health Awareness and Improvement Act (S. 689)**
 - Passed by the Senate HELP Committee on April 10, 2013
 - Included as an amendment (having passed 95-2) to the Safe Communities, Safe Schools Act of 2013 (S. 649) on the Senate floor
 - However, S. 649 was removed from Senate floor consideration on April 18, 2013
- **Gun Violence Prevention and Reduction Act (H.R. 2910)**
 - Introduced on August 1



National Dialogue on Mental Health



National Conference on Mental Health: Bringing Mental Illness Out of the Shadows



National Conference on Mental Health Video



Toolkit for Community Conversations About Mental Health

- **Includes a Planning Guide, a Discussion Guide and an Information Brief**
- **Will be available in Spanish and will include an information graphic**
- **How the Toolkit is being ordered for:**



- *Community conversations*
- *Training staff, medical reserves corps, & regional prevention centers*
- *Educating students*
- *Supporting coalitions*
- *Facilitating peer support groups*

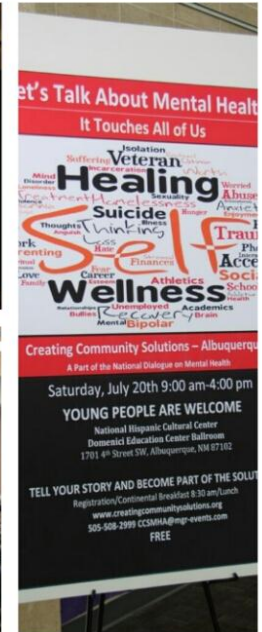
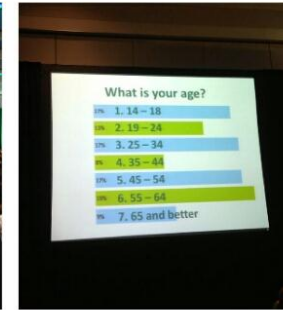
Download the Toolkit at

<http://www.samhsa.gov/communityconversations/>

Creating Community Solutions Events

Sacramento, CA

- 350 participants
- *"Mental illness can be misdiagnosed, misunderstood, and mystifying"*
Congresswoman Doris Matsui



Albuquerque, NM

- 255 participants
- *"Let's show the nation what Albuquerque can do to tackle these tough issues"* -Mayor Berry



Moving Forward

Sacramento, CA

355,000 people in Sacramento County struggle with mental illness every day, only 1/3 will seek help.

- **30% of participants were youth**
- **15% self-identified as LGBTQ**
- **46% direct lived experience**
- **66% experience with family/friend**

Teach mental health education in schools, bring services to young people, strengthen peer-to-peer support, use multiple media channels

Albuquerque, NM

9.1 % of greater Albuquerque students have attempted suicide in the past 12 months.

- **17% of participants were youth**
- **53% direct lived experience**
- **71% experience with family/friend**

Teach life and coping skills, improve access to health care and insurance, improve foster care and child protective services, add clinically trained professionals to school. Create peer support groups. Use social media to reduce stigma

Partnership Activities

- **NAB's OK2Talk campaign**

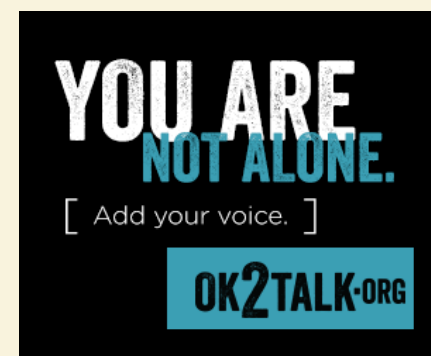
<http://ok2talk.org>

- **VA Mental Health Summits**

<http://www.mentalhealth.va.gov/summits.asp>

- **Google, Facebook, & Twitter social media platform training for mental health agencies**

<http://www.youtube.com/watch?v=xxzpE9B5ICl>



How to Join the Conversation

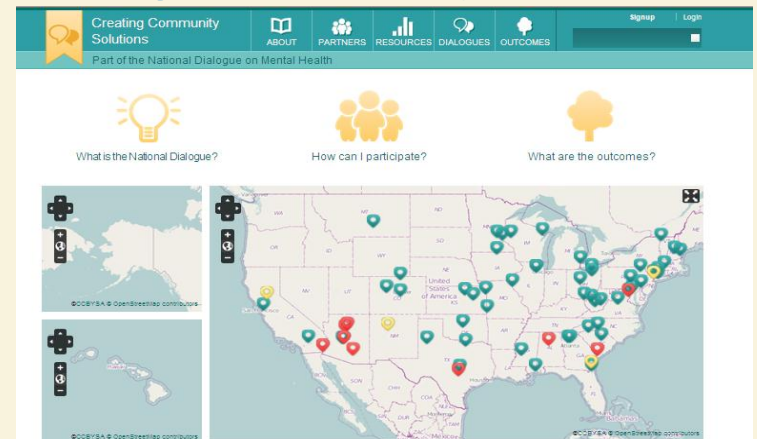
- Plan and host your own community conversation
- Partner with other local organizations to hold a joint event
- Register for an existing event

Veterans Affairs

Mental Health Summits

<http://www.mentalhealth.va.gov/summits.asp>

Creating Community Solutions



<http://www.creatingcommunitysolutions.org/>

How to Join the Conversation Online

- Link to MentalHealth.gov from your website
- Use the hashtag **#MentalHealthMatters** to join the conversation on Twitter
- Download or order the Toolkit for Community Conversations About Mental Health and share the resources with your network



Discussion & Questions

