



Colorado Behavioral Health & Wellness Summit
HYBRID CONFERENCE
October 25-28, 2021

This year, in light of the COVID-19 pandemic, the Colorado Behavioral Health & Wellness Summit will be offered in a hybrid format (in-person and live streamed). We expect to host small in-person workshops on the campus of the University of Denver and will provide an opportunity for participants to connect with presenters virtually from anywhere in the world. Workshops will be live streamed, and recordings made available online. We are confident this approach is sensitive to public health concerns while ensuring individuals can still participate while physically distancing from one another.

Request for Presentations

Submission deadline: Sunday, June 27, 2021 at 11:59 pm MST



UNIVERSITY of
DENVER



INTRODUCTION: The Colorado Behavioral Health & Wellness Summit is currently seeking proposals for presentations on relevant and/or emerging topics on the behavioral health field including substance use and wellness programming. The Summit will engage the Colorado community to break down silos statewide and to bridge gaps in communication and collaboration. Additionally, the Summit will feature a series of workshops and trainings focused on the LGBTQ+ community. To facilitate these conversations, we are honored to invite you to submit a proposal to share your expertise at the Colorado Behavioral Health & Wellness Summit.

The Summit is scheduled **October 25-28, 2021** in hybrid format with small in-person workshops on the campus of the University of Denver in Denver, Colorado, and with a digital conference experience online.

The vision of the Summit is to provide a space to discuss strategies to address the intersection of substance use, mental health, and wellness. Proposals addressing the needs of marginalized populations are strongly encouraged. **Key themes for the Summit are: Awareness and Education; Training and Skills; and Policy, Advocacy and Action.**

A. Awareness and Education

- Stigma
- Disparities/inequities
- Scope and impact
- Shared language
- Signs and symptoms

B. Training and Skills

- Emerging and best practices in prevention, education, diagnosis treatment and recovery
- Training new practitioners and/or educators
- Culturally responsive approaches
- Priority populations
- Integrative or collaborative approaches

C. Policy, Advocacy and Action

- Current initiatives and approaches
- Asset building
- Community-based approaches
- Health care coverage- challenges & opportunities
- Leveraging data

Speaker fees and travel expenses are generally not covered for presentations. The list of potential topics is limited only by your ingenuity and experiences. Nevertheless, here are examples of presentation topic areas.

Examples of presentation topics areas include:

- Cultural Responsiveness and Affirming Care Training
- Healthcare Provider Resiliency
- Reducing Stigma and Bias
- Consequences of Marginalization
- Intersectionality of Cultural and Marginalized Communities
- Intersectionality for Specific Populations (e.g. Black and trans women's risk for domestic violence, hate crimes, and lack of access to services)
- Influence of Environmental Factors on Behavioral Health
- Effects of Social Isolation on Behavioral Health
- Mental Health Benefits Associated with Nutrition and Physical Activity
- Mindfulness and Self-Care
- Advantages and Challenges of e-Health Technology
- Telemedicine and other Disruptive Innovations in the Health Care Systems
- How to Protect Your Mental Health from Social Media
- Strategies for Addressing Suicide Epidemic
- Challenges Associated with Vaping and e-Cigarettes
- Lived Perspective-Personal Stories of Hope and Resilience
- Expanding Community Connections and Resources
- Inclusive Healthcare Policies
- Navigating Insurance Access
- Providing Telehealth Services to Rural and Isolated Colorado Communities
- Social Determinants of LGBTQ+ Health
- Expanding LGBTQ+ Specific Care to the Aging
- Spirituality and Faith-Supporting Behavioral Health Outcomes
- Responding to the Growing Concerns of Religious Exemptions for LGBTQ+ Individuals
- Healthcare Literacy-Understanding What to Ask and Say When Talking to a Provider
- Addressing LGBTQ+ Youth Concerns

- Young People in Recovery and Homelessness
- Recruiting and Retaining Culturally Responsive Providers
- Family and Youth Engagement in the Behavioral Health System
- Impact of Violence on the LGBTQ+ Community
- Health and Wellbeing of the Transgender Community
- Positive Behavioral Interventions and Supports
- Intersection of Mental Illness and the Criminal Justice System
- Culture and Identity- Celebrating LGBTQ+ Diversity
- The Impact of Active Shooter Drills on Students and School Climate
- Addressing Adverse Childhood Experiences (ACEs)
- Trauma-informed Practices
- Universal Screening
- EDMR in Your Practice
- Managing Mental Health During and After a Pandemic
- Interprofessional or Collaborative Education
- Managing Relationships in Times of High Conflict and Divisiveness (e.g. family conflict in COVID times)
- Social Isolation, especially through a Developmental Lens
- Grief and Loss, particularly in the Absence of Access to Traditional Mourning Rituals and Supports
- Affordable Housing and the Effect on a Community's Well-Being"
- Understanding Protective Factors to Reduce Risk and Build Resilience

**Colorado Behavioral Health & Wellness Summit
Request for Presentations**

Submission Deadline: Sunday, June 27, 2021 at 11:59 pm MST

Submission Form: <https://tinyurl.com/CBHWSpresentations>

Required Information

Presenter(s): Name; title; affiliation/organization; phone number; e-mail; and mailing address for each presenter

Resume/CV(s): Each presenter's resume or CV (in PDF format) must be attached

Themes: This submission to be considered for the following conference themes.

- Awareness and education
- Training and skills
- Policy, advocacy and action

Intended audience(s) (select all that apply):

Treatment providers Children and youth (K-12) College students LGBTQ+ Policymakers
 Behavioral health and social work field Healthcare field Educators Researchers Other

Title: Enter the full title of your presentation. Please make your title as descriptive as possible to give attendees a good idea about the subject matter (limit to 15 words).

Abstract: Brief description of the presentation, what audience members will learn, and how the presentation aligns with improving behavioral health and wellness.

Summary: A very brief description of your presentation to be included in the Summit program. This summary is important so attendees can decide if they wish to attend or view your session (limit to three sentences).

Objectives: Three learning objectives with the content of each objective briefly outlined and how they relate to the themes. Programs should have at least three learning objectives.

- Objective 1:
- Objective 2:
- Objective 3:

Session format:

- Presentation
- Panel
- Interactive workshop
- Training
- Other

Will you be interested in offering Continuing Education Units/Continuing Medical Education credits for attendees?

- Yes
- No

Research citations (if applicable):

Content matching: If there are presentations with similar content to your proposed session, would you be willing to combine presentations with another presenter?

REVIEW PROCESS A planning committee for the Colorado Behavioral Health & Wellness Summit will review all proposals. Presentations will be selected based on topic, relevance to conference theme, speakers' qualifications on the topic, and the intended audience. The committee will send notification by email to the presenters of acceptance or rejection. The main presenter will be responsible for notifying others participating in the program of the outcome. Projector and screen will be in presentation rooms and presenter(s). All applicants will be notified of the status of their submissions by July 17, 2021.